

Hermes-Hestia
Center for Living Astrologies

The Planets of **Day**: Sun, Jupiter, and Saturn
Online Experiential Astrology Course

*Facilitated and Taught by
Jason Holley and Gray Crawford*

12 Weekly Small-Group Interactive Sessions
Multiple supplemental talks and materials

Thursdays, 5pm-7:15pm Pacific Time, beginning June 25, 2026 [Register Here](#)
OR

Fridays, 9am-11:15am Pacific Time, beginning June 26, 2026 [Register Here](#)

No class meetings July 30/31, September 3/4, September 17/18

Groups limited to 14 students

\$685 register by June 5, 2026
\$725 register after June 5, 2026

Course Description

This experiential astrology course is an in-depth exploration of the three planets the ancients considered a part of the Day sect: the Sun, Jupiter, and Saturn. In a small group setting (no more than 14 in each section), we engage the stories and images as they have been seen and shared across time, developing a multidimensional and comprehensive experience of each beyond 'keywords' and traits. We enter and participate in the stories directly through action methods including writing, movement, dreamwork, art-making, astrodrama; and we study them in the horoscopes and transits of participants through both technical delineation and facilitated imagination. You will come to understand these planets and the range of stories, feelings, sensations, desires, dreams, action urges, and relational orientations they carry; and also, be a part of a re-dreaming and re-weaving of the myths and stories we so need in contemporary times. As well, you will develop skills in astrological interpretation, working with symbolism and myth, and the arts of divination, healing, and initiation that these planets teach.



Why These Three Together: Day Consciousness

Ancient astrology offered an evocative way of understanding the planets and signs through a lens of Night and Day, suggesting that three of the seven visible planets — the Moon, Venus, and Mars — were followers of Night, and three others — the Sun, Jupiter, and Saturn — were followers of Day. Considered in terms of consciousness, Night followers orient to a sky of many stars, and are concerned with eros, relationality, multiplicity, chaos, irrationality. Day followers orient to a sky illuminated by the Sun, and are concerned with consciousness, vision, integrity, agency, sovereignty, and purpose. The seventh visible planet, Mercury, was said to move between Night and Day according to his fluctuating position as an evening or morning star, and represents a Twilight mode of consciousness, in-between and back-and-forth.

Life as we know it on Earth could only come into existence via the natural rhythm of Night and Day. In most creation myths, the Night is the elder, and in the Greek stories Day is Night's child. We know also astronomically that Day is a remarkable improvisation, made by refractions in the thin scrim of our atmosphere, or what the Greeks called Brightness itself; travel 30 miles upwards and behind Day one will find Night. The Day is reborn each morning as a 'dawn' of consciousness, and carries possibilities of awareness and intentionality that can be a deep creative dialogue with the erotic and more-than-rational forces of Night.

The **Sun** is the Light of the Day, relating to our most fundamental sense of centeredness that is somehow both a state of Being and Becoming depending on the vantage point from which it is viewed. With its constancy of Light and appearance and its steady and regular route, the image of the Sun invokes and describes the already-existing deep and essential energies that vibrate throughout our bodies and lives, as well as our experience of purposefully living into and creating with this light that provides and pervades the ordering of Daytime consciousness.



Jupiter Releasing Saturn by Giovanni Romanelli

Jupiter is the so-called benefic of Day, sovereign of the Olympian Age dwelling in the mountainous heights, who encourages and draws consciousness upward and outward into the world. Through the introduction of perspective and panorama, visions and possibilities, Jupiter calls us to a generative and expansive engagement in world-making and meaning-making, multiplying and shapeshifting, discovering and creating opportunity – the spirit of *carpe diem*, of “seizing the Day”.

Saturn is the so-called malefic of Day, formerly sovereign of the Golden Age of right relations between humans and the more-than-human world, who insists on Day's innovation of *horizon*: the sense of boundary and limit that contains the experience of Day. Through the experience of limitation, authority, power, and realization Saturn calls us to a deep engagement with Daytime realities of limit, necessity, social reality, voluntary or involuntary responsibilities, and the profound physics of choice.

The mythic stories of these planets and the stories of individuals connected to them through the horoscope point to the possibilities of bringing the enlightening and empowering qualities of Day more fully into our lives. Of course, at the same time the insistence on coherence and agency, responsibility and understanding, can be challenging and even overwhelming for human consciousness, and especially for Nighttime concerns such as relatedness, multiplicity, instinctuality. The Day planets can bring great disconnection, aridity, and overwhelm when they and their stories constellate in our lives, and we will not shy away from this essential element.

In addition, since at least the classical age, the western world carries a deep fear of Night and a tendency to over-valorize a narrow version of Day consciousness, one that is rigidly separated from Night realities in service of power and domination. But while we will consider how this may be a natural risk of Day consciousness, in this course we will seek to understand the Day world in its natural place embedded in its cyclical rhythm with Night, to relieve Day of narrowing patriarchal associations and allow a deeper and more dimensional experience of its unique potentialities of joy, life-force, brilliance, realization, coherence.

Format

There will be two sections of the course, one held on Thursdays from 5pm-7:15pm Pacific, and another on Fridays from 9am-11:15am Pacific. To support depth and relationality, each section will have a maximum of 14 students.

Each section will meet for 12 sessions weekly (except for off weeks as noted). After our initial two classes connecting with Day conceptually and experientially, we will devote three weeks to the Sun as Luminary of Day, and three classes to Jupiter and Saturn, followed by a completion and closure class at the end.

For each planet, we'll focus on exploring their myths and stories through experiential process and discussion. Between class each week, we will provide 3-4 hours of required reading or video material, including both original-to-the-course and archival material by Jason and Gray, as well as stories and excerpts from the Greek epic and dramatic traditions, and supplemental interpretive writing from authors in the fields of Classical Studies, Hermeticism, Jungian/Archetypal Studies, and Queer Studies, and ancient, medieval, and contemporary astrology.

About Jason and Gray



Jason grew up in a family active in astrology and divination arts for five generations and has been a practicing astrologer for over 35 years and was a psychotherapist (now retired) for 18 years. Jason is the founder of the Hermes-Hestia Center for Living Astrologies and its practitioner program, and has facilitated living and embodied experiences of astrology for individuals and groups in Australia, North America, South America, and Europe. His work is grounded in long study and practice of mythological storytelling, archetypal psychology, psychodrama and action methods, meditation and ceremony, and ecopsychology and relational-somatic therapies. He is a recognized teacher of mythic, psychological, and evolutionary astrologies with depth in Hellenistic and traditional methods.

Jason is the organizer of the Living Astrologies Conference taking place in October 2025 in Santa Fe, and has been an invited lecturer and workshop leader at conferences including UAC, ISAR, NORWAC, FAA-Australia, as well as a faculty member for Astrology University, MISPA-CPA, the JWG School for Evolutionary Astrology, and the Centre for Astrology, Myth, and Symbol (CAMS), as well as graduate counseling and art therapy programs at Southwestern College in Santa Fe. Jason can be reached at jasonholley.net



Gray became fascinated by astrology as a teenager but it was during his second Jupiter return that someone told him about natal charts for the first time, kindling a fire for astrological exploration that has been inextinguishable. Gray is a professional natal and horary astrologer who brings a relational approach to astrology using techniques drawn from ancient and modern sources, synthesizing influences from Hellenistic, magical, mythic-archetypal, and psychological astrology. He has completed certification in Hellenistic Astrology with Demetra George and in horary astrology with the School of Traditional Astrology. Gray has a deep reverence for the way that myth opens insight into astrology, and has also not only been influenced by the depth psychological work of Carl Jung, but has also undergone his own process of Jungian analysis.

Gray has taught at UAC, NORWAC, and ISAR astrology conferences, and various astrology associations around the USA. Gray is a member of the faculty at Kepler College and is the Certificate Coordinator for the Hellenistic Natal Astrology and Hellenistic Astrology Timing Technique certificates at Kepler College. Gray's astrological writing has been published on Astrology.com, in WellBeing Astrology, and by Ignota Press. Gray can be contacted on his site graycrawford.net where he also writes and offers astrological education.

Registration Links: [Thursday Course](#) [Friday Course](#)